

DESIGN

new england

green |
essentials

>>> SLEEP TIGHT, FLIP OUT

Organic mattresses made from antimicrobial and breathable materials are not only hypoallergenic and sustainable, they are also lightweight, making it easier to

flip and rotate them, thereby extending their life and comfort. (Some experts recommend a rotation-and-flipping regimen every two months for optimal mattress longevity.) Here are two eco-alternatives available locally.

>>> **SOMNIUM** (LEFT) is made from 100 percent recyclable Okotex-certified fibers (ideal for those with latex allergies), has a metal-free box, and boasts a unique coil design that restless sleepers are sure to

appreciate. ● King size, \$3,600. At Montage, Boston; somniaumbeds.com.

>>> THE BLISS MATTRESS

(RIGHT) has a layer of certified organic cotton-covered wool batting that creates a smooth, flame-resistant, moisture-wicking surface on top of a natural rubber latex base. Made in the United States, this breathable mattress is firmer than most latex options. Coordinating foundations available. ● Eastern king size, \$2,400. At The Organic Mattress, Sudbury, MA; theorganicmattress.com. — MELISSA SAVIGNANO



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